

## IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

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Applicant: Stearns Art Unit: 3764  
Serial No: 10/718,763 Examiner: Amerson  
Filed: November 21, 2003  
Title: TORSO EXERCISE METHODS AND APPARATUS  
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Certificate of Facsimile Transmission

I hereby certify that this AMENDMENT AND RESPONSE is being sent via facsimile number (571) 273-8300 to the Commissioner for Patents, Attn: Art Unit 3764, on this 10th day of March, 2006.

  
Mark A. Krull

AMENDMENT AND RESPONSE

Commissioner for Patents  
Attn: Art Unit 3764

Dear Sir:

Introduction

This Amendment and Response is being submitted in reply to the Office Action dated January 10, 2006.